

# RIVERSIDE

## ICE AND LEISURE

### PATCH RULES

Practice Ice sessions are for serious skating practice. Each session is depending on ice availability. The minimum standard required to use the Practice Ice is Skate UK Grade 8, possess their own skates and be able to train without supervision.

Please note skaters will be moving in different directions, spinning, jumping, lifting and performing other technical moves which require all session users to be alert at all times.

You must pay for you patch session before entering the ice pad. Random checks will be carried out and any skater not paying for the session will be asked to leave the ice and may be excluded from future use.

#### Rights of way

- Priority on the ice is given to the skater whose music is playing and every effort must be made to move out of the way quickly and safely for this skater.
- High level skaters must be aware of lower level skaters around them and be considerate to those who have difficulty getting clear.
- Lower level skaters must also be aware of others around them as high-level skaters can be doing moves that only require space, but they may not be able to see you or pull up in time.
- Skaters entering jumps and lifts only have limited points where they can safely abort the manoeuvre. In the immediate run-in to the element, they must have right of way.
- Skaters who are spinning cannot see you coming towards them; some of the jumps are executed from backward entries with the head facing forwards. All skaters must be able to get out of the way or stop quickly.
- Higher level skaters performing spins will often have several different positions; avoid getting too close to a spinning skater or couple in case they change into positions with high free-legs, or execute a 'flying spin' which has a jumped entry.
- If you are executing a Camel spin, or any flying spin, make sure the area around you is clear; if in doubt abort and try again when the area is clear.

#### Compulsory Ice Dance & Field Moves

- Compulsory Ice Dance is skated at speed and uses the whole ice and Field moves follow a set Patten. There are set patterns which are central to the execution of the dance and field. Unlike a general free-skating programme, dancers doing compulsories cannot alter their steps/pattern without having to begin again.
- Watch out for Pairs and Dance couples, they need twice as much space as a single skater and once they commit to a lift or throw, it is extremely dangerous to get in their path.

## **Behaviour**

- Coaches or skaters are not permitted on the ice at any time during a resurface. Zamboni doors must be closed prior to skaters entering the ice. Unless signalled otherwise by the driver.
- When entering or exiting a session, DO NOT skate across the middle of the ice, go around the edge of the rink boards.
- Practice Ice is not a social event; all conversations should be kept to a minimum and take place off the ice. Whilst on the session you must be 100% focussed on your practice and be aware of others around you.
- If you stop at any time you should keep to the barrier, coaches should also keep to the barrier unless it is necessary for teaching. This will keep more ice free for skaters.
- Skaters should be prepared to do their best in all practices. Anyone displaying inappropriate behaviour will be asked to leave the ice.

## **Use of Music Equipment**

- Coaches have full priority over the use of the music system during Practice Ice sessions. The use of the music system is a privilege and only authorised users may use the equipment.

## **Spectators**

- Spectators must watch quietly from the viewing areas and refrain from conversing with, or offering directions to, the skaters on the ice. Please do not distract your child on the ice as their full attention is required during the session.

## **Fall and Injuries**

- If you suspect someone is seriously hurt, have someone stand “guard” over them so that other skaters avoid collision and obtain assistance from a coach. In the absence of a coach, contact the ice rink staff or use the emergency phone on the right of skate hire.

**Failure to comply with any of the above rules may result in, but is not limited to, ejection from the ice with no refunds.**